

The Leadership Evolution Workbook

5 Questions to Guide Your Next Bold
Move

Presented by:



Partnering with you to elevate HR together

Welcome



Leadership isn't a destination — it's an evolution.

As you grow, stretch, and step into new possibilities, it's easy to get caught in what's urgent and miss what's essential: alignment, clarity, and purpose.

This workbook is your space to pause and reconnect. Whether you're navigating change, feeling called to more, or just taking stock, these five questions will help you reflect and realign.

Take your time. Be honest. And remember: your next bold move doesn't have to be big — it just has to be true.

Question 1:

What season of leadership am I in right now?

- Are you building, navigating, transitioning, coasting, or evolving?
- What's working for you in this season — and what's feeling off?

Reflection...

Question 2:

What impact do I want to have — and with whom?

- Leadership is about influence.
- Who do you want to influence, and what kind of impact do you want to leave behind?

Reflection...

Question 3:

What am I outgrowing — and what am I ready for?

- This may be about roles, responsibilities, relationships, or rhythms.
- What are you being called to release? What are you ready to pursue or step into?

Reflection...

Question 4:

What's draining me — and what's energizing me?

- Your leadership shouldn't cost you your well-being.
- Pay attention to the patterns. Where are you most alive? Where are you most exhausted?

Reflection...

Question 5:

What's one small step I can take this month?

- Big shifts are built on small, intentional steps.
- What's one action — a conversation, a boundary, a decision, a risk — that will move you closer to alignment?

Reflection...

Closing Thought



You don't need all the answers. You just need enough clarity to take the next right step.

If this workbook stirred something in you, I'd love to support you further — through coaching, development, or deeper conversation.



Reach out anytime or visit www.thedevelopmentedge.com to explore more ways we can work together.

You've got this. And I've got you.

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